

# Strengthening Governance Through Data, Insight and Action

One in three hospital and health system boards has not completed a formal assessment in the past three years, creating gaps in oversight, alignment and performance.

AHA Board Health Check™ in collaboration with Board First Consulting, helps boards quickly understand how they are performing across core governance responsibilities, with clear data, expert insight and actionable next steps.

## Who Should Consider This Assessment

AHA Board Health Check™ is well suited for boards that:

- ✓ Want a practical starting point for self-assessment or improve their existing process
- ✓ Are strengthening governance effectiveness and boardroom dynamics
- ✓ Value benchmarking and consistent measurement over time
- ✓ Track board performance year over year

## Why Organizations Choose AHA Board Health Check™



### Purpose-Built Insight

Purpose-built for meaningful insight, not just scores



### Research-Informed

Standardized, research-informed questions focused on core governance responsibilities



### Year-Over-Year Tracking

Supports year-over-year tracking to monitor governance maturity



### Protected Anonymity

Encourages candid input while protecting individual anonymity



### Actionable Steps

Leads naturally to focused discussion and actionable next steps



### Measurable Results

Clear metrics to track improvement and celebrate progress

## How the Assessment Works



### Participant List

Complete the registration form you receive after speaking with our consultants



### Online Assessment

Board members, and management if desired, complete a confidential online assessment



### Data Analysis

Responses are analyzed and reported in aggregate with anonymity maintained



### Summary Report

Board receives a clear summary of strengths and opportunities



### Expert Review

A virtual review with Board First Consulting supports interpretation and prioritization

## Delivered by Experts Who Understand Hospital Boards

AHA Board Health Check™ is offered by [AHA Trustee Services](#) in collaboration with [Board First Consulting](#), a board effectiveness consulting firm led by experts with more than 25 years of experience in advising boards and executive teams.

More than a one-time assessment, the [AHA Board Health Check™](#) serves as a starting point for ongoing governance improvement, helping boards strengthen performance over time through data, insight and expert guidance.



To learn more, visit the website or contact **Rebecca B. Chickey, MPH**, AHA vice president, Trustee Services [rchickey@aha.org](mailto:rchickey@aha.org).