

# Getting the most out of your **American Hospital Association Membership**

Together we are **advancing health in America.**





# Thank you for your membership in the **AHA**.

As a member of the American Hospital Association, you are demonstrating your organization's commitment to the field, and to our shared mission and vision. As the nation's leading advocacy organization for hospitals and health systems, the AHA is only as strong as its collective voice.

## Our Vision

A just society of healthy communities, where all individuals reach their highest potential for health.

## Our Mission

To advance the health of all individuals and communities. The AHA leads, represents and serves hospitals, health systems and other related organizations that are accountable to communities and committed to equitable care and health improvement for all.

This guide is designed to provide you with an overview of the AHA's governance structure, key services and resources, and tips on how you can get involved and stay connected.

The AHA asks for your input and welcomes your contributions as we pursue the key strategic principles that we believe should guide our work on your behalf.

## **The health care ecosystem should...**

1. Provide timely **access** to the full continuum of health care services.
2. Provide coverage and care that is **affordable**.
3. Minimize **disparities** in health outcomes.
4. Be **safe, high quality**, reliable and evidence based.
5. Be **sustainably staffed** with a ready workforce and safe workplaces.
6. Be **economically viable** and appropriately resourced.
7. Be **innovative**, transformative, environmentally conscious and data driven.
8. Be committed to **coordination** and collaboration across all stakeholders.
9. Be **person-centered** and oriented around the individual.

The AHA's complete Strategic Plan can be viewed at [aha.org/strategy](http://aha.org/strategy). Don't hesitate to reach out at any time with your questions, concerns or advice on how we can serve you better. Again, thank you for your membership and your commitment to advancing health in America.

**Rick Pollack**  
President and CEO



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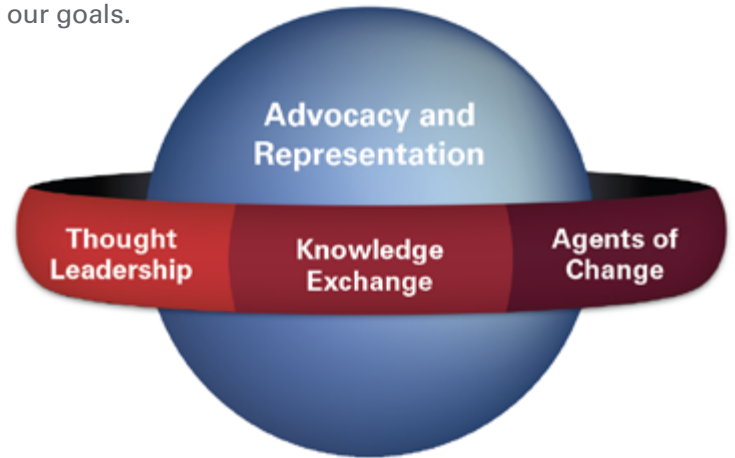
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# AHA's Strategic Plan 2025-2027

The AHA's Strategic Plan is rooted in four primary disciplines, which define our approach to providing value to members and advancing our goals.

- Advocacy and Representation
- Thought Leadership
- Knowledge Exchange
- Agents of Change

The illustration to the right demonstrates how advocacy and representation are at the core of our work. We use them to advance our strategic priorities in Congress, with the Administration, in courts, in the media, in public opinion and beyond.



While advocacy is a core discipline for our work, the AHA provides value, guidance and foresight by advancing the field's priorities through thought leadership, knowledge exchange and as agents of change.

## Thought Leadership

Utilize policy design, research, partnerships and innovations to accelerate improvements in health care delivery and reductions of disparities in health outcomes.

## Knowledge Exchange

Facilitate the exchange of information, best practices and innovation to advance the field.

## Agents of Change

Establish a shared position and related actions, including positioning members for effective advocacy, to enact change and define outcomes.

The AHA guides our work plans using a series of fundamental guidelines — or principles — to serve as the foundation for advancing our mission and reaching our vision. These strategic principles direct operational decisions, goals and organization-wide metrics.

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8. Be committed to **coordination** and collaboration across all stakeholders.
9. Be **person-centered** and oriented around the individual.



## 2026 Board Members



**Debra Albert, RN**  
Chief Nursing Officer & SVP  
Patient Care Services  
NYU Langone



**Rob Allen**  
President and CEO  
Intermountain Health



**Kurt A. Barwis, FACHE**  
President and CEO  
Bristol Health, Inc.



**Joan Coffman**  
President and CEO  
St. Tammany Health  
System



**Eric D. Fish, MD, MBA,  
FACOG**  
President and CEO  
Schneck Medical Center



**JP Gallagher**  
President and CEO  
Endeavor Health



**Leah Glasgo, RN**  
President  
UnityPoint Health —  
Fort Dodge



**Melinda Hancock**  
EVP, Chief Financial Officer  
Sentara Health



**Les Hirsch**  
President and CEO  
Saint Peter's Healthcare  
System



**Mason Van Houweling**  
Chief Executive Officer  
University Medical  
Center



**Laura S. Kaiser, BS, MBA,  
MHA, FACHE**  
President and CEO  
SSM Health



**Robert Lee (Bob)  
Trestman, PhD, M.D.**  
SVP; Department Chair  
Psychiatry, Behavioral  
Medicine, Carilion Clinic



**Michael Mayo, DHA,  
FACHE**  
President and CEO  
Baptist Health



**Timothy (Tim) McManus,  
FACHE**  
National Group President  
HCA Healthcare



**Pete November**  
President and CEO  
Ochsner Health



**Phillip O. Ozuah,  
PhD, M.D.**  
President and CEO  
Montefiore Medicine



**Brian Peters**  
President and CEO  
Michigan Health and  
Hospital Association



**Lisa Shannon**  
President and CEO  
Allina Health



**Mike Slubowski**  
President and CEO  
Trinity Health



**Pamela Sutton-Wallace**  
President  
Yale New Haven Health



**Michael O. Ugwueke,  
MPH, DHA, FACHE**  
President and CEO  
Methodist Le Bonheur  
Healthcare



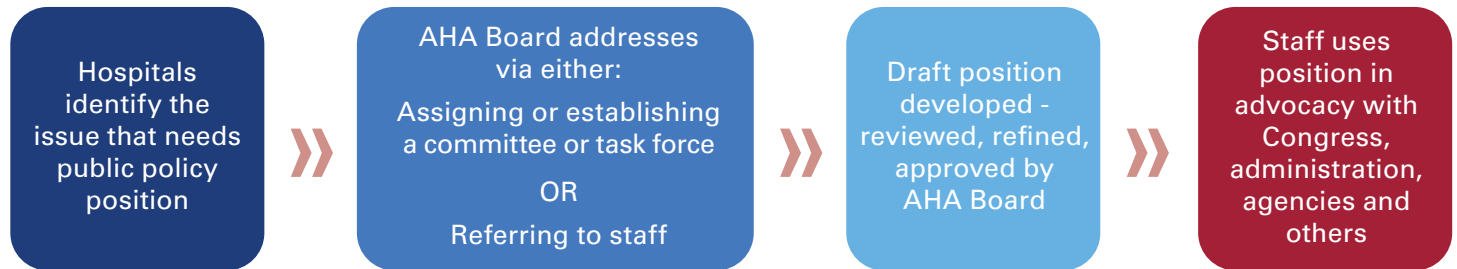
**Robert Vissers, M.D.**  
President and CEO  
Boulder Community  
Health



**Erik Wexler**  
President and CEO  
Providence

# AHA Policy

From issue to policy - see how AHA develops advocacy efforts.



## Regions

There are nine geographically based groups that link the AHA, its members and state, regional and metro associations through a regional network.

### Region 1

Connecticut  
Maine  
New Hampshire  
Rhode Island  
Vermont

Regional Executive:

**Joanne Cunningham**

### Region 2

New Jersey  
New York  
Pennsylvania

Regional Executive:

**Michael Draine**

### Region 3

Delaware  
Kentucky  
Maryland  
North Carolina  
Virginia  
West Virginia

District of Columbia

Regional Executive:

**Matthew Wright**

### Region 4

Alabama  
Florida  
Georgia  
Mississippi  
South Carolina  
Tennessee

Puerto Rico

Regional Executive:

**Rebecca Jolley**

### Region 5

Illinois  
Michigan  
Indiana  
Ohio

Wisconsin

Regional Executive:

**Alex Rozenbaum**

### Region 6

Iowa  
Kansas  
Minnesota  
Missouri  
Nebraska  
North Dakota  
South Dakota

Regional Executive: **Liz Summy**



### Region 7

Arkansas  
Louisiana  
Oklahoma  
Texas

Regional Executive:

**Vicki Dale**

### Region 8

Arizona  
Colorado  
Idaho  
Montana  
New Mexico  
Utah  
Wyoming

Regional Executive:

**Mary Naylor**

### Region 9

Alaska  
California  
Hawaii  
Nevada  
Oregon  
Washington

Regional Executive:

**Sean Barry**

# Ways to get involved

From regularly engaging with the exclusive content we make available to members, to participating in a briefing on Capitol Hill, responding to advocacy alerts by contacting your Congressional delegation or serving on a member task force, there are multiple ways for you to make the most of your AHA membership.

The AHA has a number of member-led groups that offer a variety of levels of engagement and involvement in the work of the AHA. Ask your Regional Executive about these member groups, which vary in application process and level of commitment. Some require AHA board approval and multi-year terms, while others are more flexible.

## COMMITTEES



### Shape policy, advocacy and field transformation

- Behavioral Health
- Clinical Leadership
- Governance
- Health Strategy & Innovation
- Health Systems
- Maternal and Child Health
- Regional Policy Boards
- Rural Health

## STRATEGIC LEADERSHIP GROUPS



### Tackle issues relevant to specific member segments

- Academic Medical Centers
- Federal Health
- Post-Acute Care
- Provider-Led Health Plans
- Health System EVP/COO Executives
- Urban Hospital Sustainability

## ROUNDTABLES



### Engage nimbly on topics as needed

- Advanced Practice Providers Group
- AHA Board Alumni
- AHA RPB Alumni
- Care for Children with Medical Complexities
- Chief Physician Network
- Finance Executives
- First time CEO Cohort
- General Counsels
- Government Relations Officer Network
- Lead, Engage, AHA Discovery (LEAD)
- Mid-size Regional Health Systems
- Sustainability

## ADVISORY GROUPS



### Guide significant initiatives

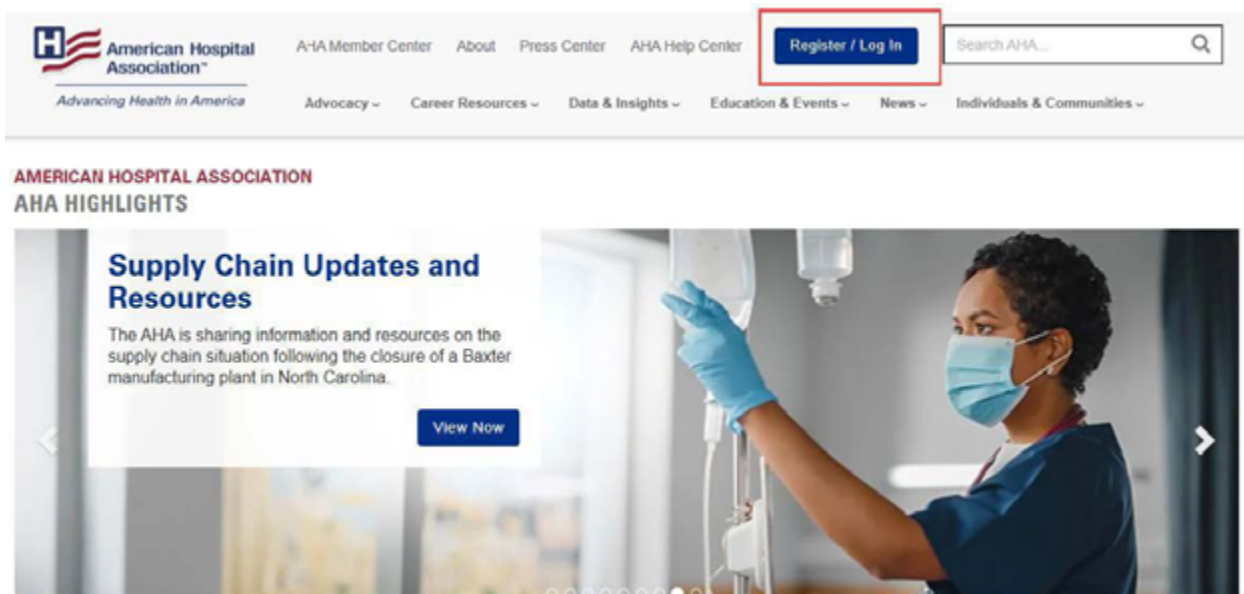
- Hospitals Against Violence
- Health Outcomes and Care Transformation
- Population Health
- AHA-CHA Not-for-Profit Research
- Patient Safety

# How to stay informed and **get connected**

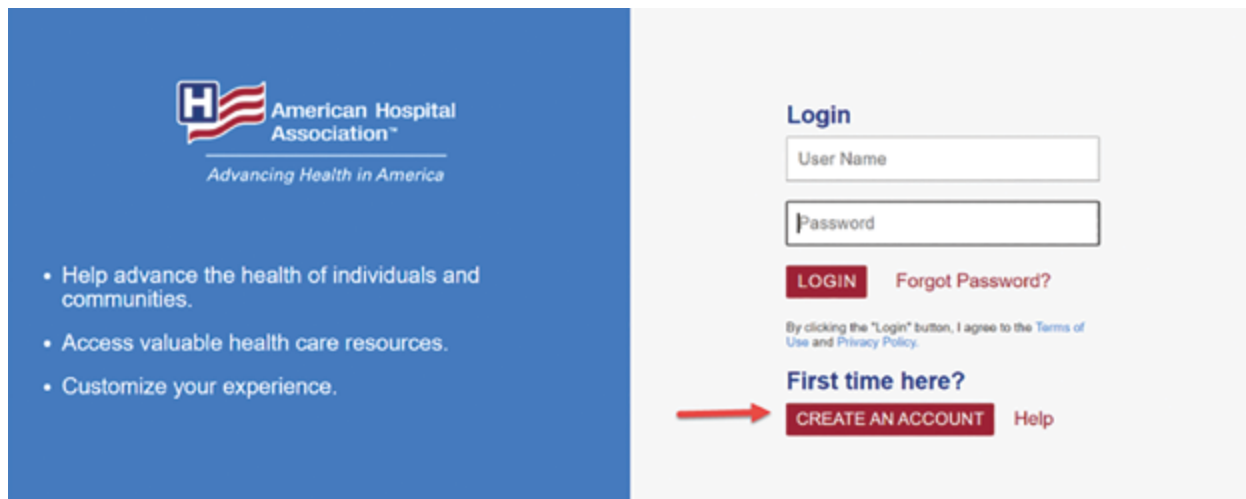
The AHA's website, [www.aha.org](http://www.aha.org), is your gateway to all the latest updates on advocacy, insights, news, education and other resources available to you as an AHA member.

You will need to register for an account on the site in order to access members-only content. **It's easy to do.**

1. Begin by clicking Register/Log In on [www.aha.org](http://www.aha.org)

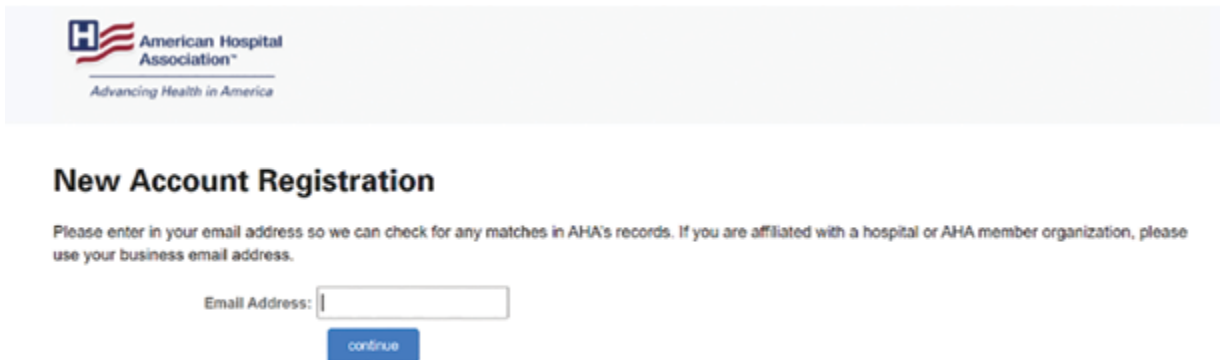


2. Click Create an Account



# How to stay informed and **get connected**

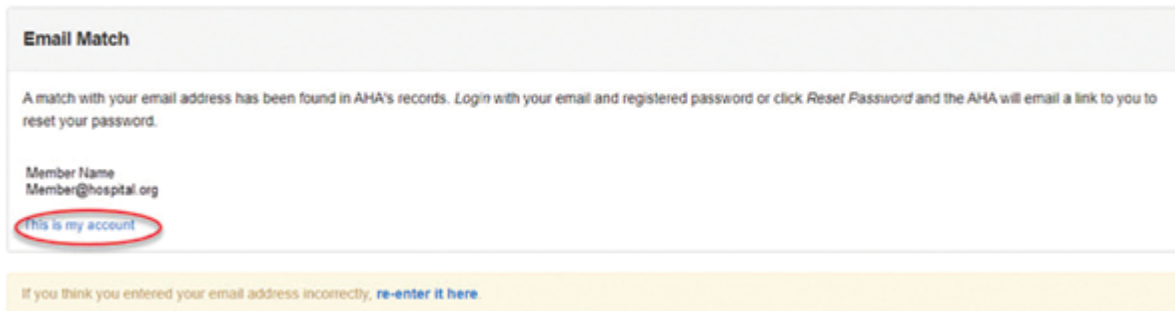
3. Enter your hospital or health system email address



The screenshot shows the American Hospital Association logo at the top left, with the tagline "Advancing Health in America". Below the logo is the heading "New Account Registration". A paragraph of text reads: "Please enter in your email address so we can check for any matches in AHA's records. If you are affiliated with a hospital or AHA member organization, please use your business email address." Below this text is a form with the label "Email Address:" followed by a text input field. A blue button labeled "continue" is positioned below the input field.

4. If the information displayed is correct, click **This is my account**. If the information is incorrect, contact [membrel@aha.org](mailto:membrel@aha.org).

## Account Search Result

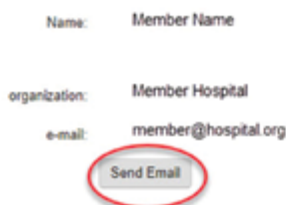


The screenshot shows the "Email Match" section. A message states: "A match with your email address has been found in AHA's records. Login with your email and registered password or click Reset Password and the AHA will email a link to you to reset your password." Below this message, the member information is displayed: "Member Name" and "Member@hospital.org". A red circle highlights the text "This is my account" which is a link. At the bottom of the page, a yellow banner contains the text: "If you think you entered your email address incorrectly, [re-enter it here](#)".

5. You'll be taken to a new page, where you need to click Send Email to generate a link to you to select a password. If you do not receive it within a few minutes, please check your email's Spam folder.

## Verify Account

Please select the email address that you will use for your login and then click the Send Email button below. Please follow the instructions in the email to complete the process of verifying your account and establishing your password.



The screenshot shows a form with the following fields: "Name:" with the value "Member Name", "organization:" with the value "Member Hospital", and "e-mail:" with the value "member@hospital.org". Below the form is a button labeled "Send Email", which is circled in red.

# How to stay informed and **get connected**

6. You will receive an email from [ahahelp@aha.org](mailto:ahahelp@aha.org) with a unique link to set up a password. Clicking the link will take you to a page that displays your name, organization, and email. Please enter a password that is at least 8 characters, at least one number, and at least one upper-case letter.

## Verify Account - Reset Password

Name: Member Name  
Organization: Member Hospital  
Email: member@hospital.org

enter password:  Password must be at least 8 characters with at least one number, one capital letter and no symbols.  
re-enter password:

7. Once submitted, you will be prompted to log in with your new password. After logging in, you're set to access members-only resources such as Advocacy Alerts and Advisories.

If you experience any difficulty or have any questions, please contact the **AHA Support Center** at **(800) 424-4301**.

## Make sure our **emails** get to you!

To ensure that emails from the AHA reach the intended recipients' email boxes, we ask that your IT team please conduct a few quick checks:

- Allowlisting at the server level - spam filter
- Allowlisting at the user level - junk folder

Allowlisting information:

- IP address: 199.15.215.5 Domain: email.sponsors.aha.org
- IP address: 199.15.214.185 Domain: email.advocacy.aha.org
- IP address: 199.15.214.184 Domain: email.membership.aha.org
- IP address: 192.28.158.225 Domain: email.practiceteams.aha.org
- Prepend domain: <http://send.aha.org>

We're here to help! Ask your IT team to **connect** with us at [ahahelp@aha.org](mailto:ahahelp@aha.org) or (800) 424-4301.

# Stay connected on the go with AHA's App **My AHA Connect**



Experience AHA's members-only mobile app now ready for download!

Designed to make it easy for you to keep up with the latest health policy news and legislative updates, the app can be customized according to your interests for a personalized experience. You can contact your federal lawmakers with a single tap, and rely on push notifications to keep you posted on the latest developments. Here's how to access the app:

## STEP 1

### DOWNLOAD THE APP

Visit the Apple App Store or Google Play store and search for "American Hospital Association." Locate and select the member app, titled My AHA Connect.

## STEP 2

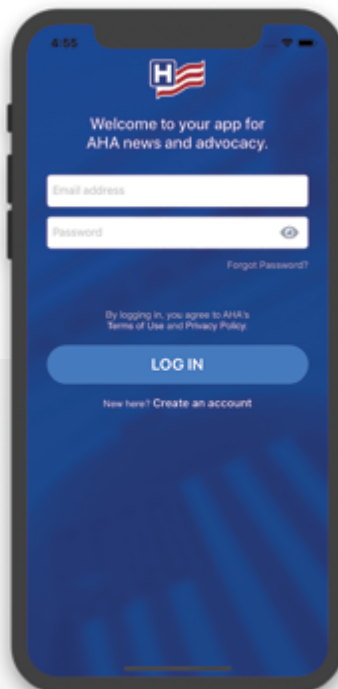
### LOGIN TO THE APP

Login to the app on your device using your *aha.org* credentials (email address and password). See **S** for instructions.

## STEP 3

### PERSONALIZE TO YOUR INTERESTS

You can customize your content feed according to your interests for a personalized experience. Suggestions? Please send your feedback to [ahahelp@aha.org](mailto:ahahelp@aha.org).



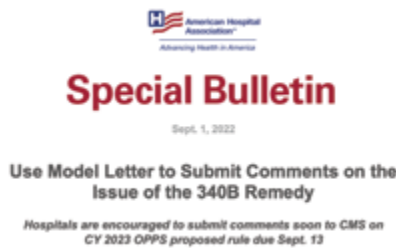
Watch this video <https://youtu.be/R-PPFWOU-y4> for a quick tutorial

# Get regular updates

Watch for AHA special announcements in your inbox and on the mobile app.



Delivers the latest news, insights and resources Monday-Saturday.



Gives you the key takeaways you need to know, fast.



Lets you know when we need you to weigh in with federal lawmakers or regulatory agencies.



Provides in-depth summaries of important regulations and legislation.



Special alerts for members on pending issues and events.



A weekly round-up of upcoming webinars, calls, events and conferences.

Listen and learn with leaders from AHA and experts from the field.



AHA's **Advancing Health podcast** features conversations with hospital and health system leaders on a range of issues that impact patients and communities. Visit [aha.org/advancing-health-podcast](https://aha.org/advancing-health-podcast) to learn more.

Subscribe to Advancing Health on **Apple Podcasts** or **Spotify**.

# Important 2026 Dates



## Rural Health Care Leadership Conference

February 8-11, 2026 • San Antonio, TX

The premier event for rural leaders who want to exchange ideas and learn best practices for a more sustainable future.

[ruralconference.aha.org](https://ruralconference.aha.org)



## AHA Annual Membership Meeting

April 19-21, 2026 • Washington, DC

Join CEOs, senior executives and trustees to be a part of the discussions on the advocacy, regulatory, and legislative issues that impact our work.

[annualmeeting.aha.org](https://annualmeeting.aha.org)



## Healthier Together Conference

May 12-14, 2026 • Dallas, TX

Data-driven strategies and innovative approaches to expand care access, strengthen community partnerships and reduce disparities in health outcomes are the focus of this new conference.



## AHA Leadership Summit

July 12-14, 2026 • Denver, CO

Where senior hospital executives and thought leaders share transformational strategies and innovative approaches that will drive health care into the future.

[leadershipsummit.aha.org](https://leadershipsummit.aha.org)



## AHA Webinars & Events

[aha.org/calendar](https://aha.org/calendar)

# Join the **AHAPAC!**

The political action committee of the AHA allows hospital leaders to make voluntary donations toward the support of federal candidates of both political parties who align with the hospital policy agenda. To learn more contact Shari Dexter at [sdexter@aha.org](mailto:sdexter@aha.org) or (202) 626-2338.

## Who Can Contribute to AHAPAC



Full-time, salaried employees of member hospitals, health systems or state associations with executive, managerial or supervisory responsibilities, including physicians.



Trustees serving on hospital or health system boards.



Individual members of AHA's professional membership groups or the American Organization for Nursing Leadership.

## How AHAPAC Works



AHAPAC Steering Committee sets annual national targets. Individual state goals are based on state hospital revenue and size of the congressional delegation.



With prior authorization, state hospital associations and hospital leaders solicit contributions from eligible members.



Eligible contributions raised through state hospital associations are shared with AHAPAC.

## How AHAPAC Collaborates With States



Coordinating fundraising efforts and participating in local candidate events.



Determining support for congressional candidates.



Providing customizable fundraising and election-oriented resources.

## AHAPAC Contributes to the Strongest Advocates



Strong advocates with a history of health care leadership.



Have a track record of championing hospital issues.



Are supported by members and state hospital associations.

**Support AHAPAC and help elect pro-hospital candidates to Congress.**

# AHA Resources

As a member of the AHA, you have access to services, insights and resources you won't get anywhere else. Here are just a few of the issues we're tackling on your behalf. **Contact your Regional Executive to learn more.**



**Advocacy** – read our **Advocacy Agenda at [aha.org/advocacy-agenda](https://aha.org/advocacy-agenda)** to learn about the focus of our work as we seek to positively influence the public policy environment.



**Workforce** – access valuable resources to help your organization navigate workforce challenges, now and into the future. **[aha.org/workforce](https://aha.org/workforce)**



**Behavioral Health** – learn about focused advocacy, opportunities for collaboration and useful tools to support affordable, integrated and high-quality behavioral health care. **[aha.org/behavioralhealth](https://aha.org/behavioralhealth)**



**Reducing Disparities in Outcomes** – the AHA works to engage with members and others on data-driven initiatives designed to address disparities in health outcomes for all patients. **[ifdhe.aha.org](https://ifdhe.aha.org)**



**AHA Rural Health Services** – the AHA website contains a curated collection of tools and resources, as well as grants and funding information specifically for rural providers. You can also review the priorities we have for our work with legislative and regulatory bodies in the **Rural Advocacy Agenda at [aha.org/rural](https://aha.org/rural)**.



**Clinical Leadership** – the AHA's Physician Alliance supports physician and administrative leaders as they face increasing professional demands. **[aha.org/aha-physician-alliance](https://aha.org/aha-physician-alliance)**



**Trustees** – resources and programs to ensure a high-performing board. **[trustees.aha.org](https://trustees.aha.org)**



**Cybersecurity** – stay ahead of the threats with reports, insights and advisory services. **[aha.org/cybersecurity](https://aha.org/cybersecurity)**



**Maternal and Child Health** – learn about our Better Health for Mothers and Babies initiative to improve health for women and children through partnerships and innovation. **[aha.org/advocacy/maternal-and-child-health](https://aha.org/advocacy/maternal-and-child-health)**



**Community Health** – explore a robust range of programs, tools and resources that support community health partnerships. **[aha.org/center/community-health-well-being](https://aha.org/center/community-health-well-being)**



**Building Public Trust and Confidence** – join us in our work to spread the work of the tremendous value hospitals deliver to their communities. We're looking to build a team of hospital ambassadors to tell their hospital story through op-eds, audio news releases and other media opportunities. **[aha.org/roleofhospitals](https://aha.org/roleofhospitals)**

# Professional development for your team

The AHA has a number of professional membership societies designed to support specific areas of hospital operations.

Learn more about these groups at [www.aha.org/pmgs](http://www.aha.org/pmgs).

**Membership in these groups can help your teams with issues such as:**

- Addressing supply chain challenges
- Maintaining a safe and healing health care delivery environment
- Keeping up with new standards for infection prevention
- Navigating risk at a time of increasing uncertainty
- Building your organization's brand and market share
- Optimizing staff and resources to streamline workflow



As the national professional organization of more than 11,000 nurse leaders, the American Organization for Nursing Leadership is the voice of nursing leadership.



For experienced professionals in health care environmental Services (EVS). AHE is the go-to resource for tools, products, education and training that support health care environments free of surface contamination and pathogen-free, healing environments.



For professionals who work in the health care supply chain, AHRMM offers training, resources, tool, certifications and more to advance excellence in supply chain management.



For health care facility management professionals and others involved in optimizing the health care physical environment. ASHE membership connects your team to strategies that reduce costs, improve code compliance and reduce the risk of HAI.



For Risk Management, Patient Safety, Legal, Insurance, Finance and other related professions. ASHRM helps its members with enterprise risk management (ERM) strategies to maximize value protection.



For health care professionals involved in hospital capacity planning—optimizing staff and resources to enhance patient safety, streamline workflows, and reduce costs.



For health care professionals in strategic planning, business development, marketing, digital strategy, and communications. SHSMD membership equips your teams with new skills and strategies to help your organization navigate an ever-changing competitive environment.



## American Hospital Association

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[www.aha.org](http://www.aha.org)



*Advancing Health in America*